

Sporty Girls of the World

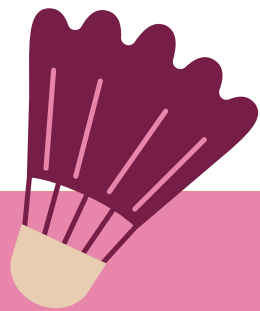
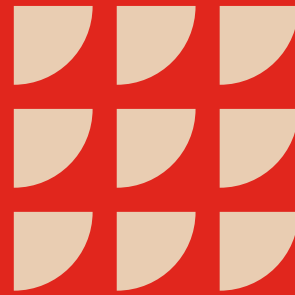
Do you like sports?

Have you recently moved to the Netherlands and would you like to do (more) sports and exercise? Sign up now for the Girls of the World project and get acquainted with various sports!

For whom?

Girls in the age of 14 – 28, who have recently moved to the Netherlands. You will exercise together with Dutch girls of your age. They will introduce you in the Dutch sports world!

www.wereldmeiden.nu



What are you going to do?

- Warming-up event: we start with a meeting, in which you get to know the other girls!
- Sports carousel: for 10 weeks your group (+/- 20 girls) will get acquainted with various sports. A different sport every week. For example football, hockey, tennis, zumba, self defense.
- Sports at the sports club: you can choose one sport that you like the most. You will try out this sport together with a Dutch peer for 12 weeks at a sports club.
- Cooling-down event: at the end of the project there is a nice closing event.

When?

- The project will start in September.
- More information and registration via www.wereldmeiden.nu



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